

# 알레르기성 비염 치료의 Controversy : 면역요법과 약물요법

전 시 영

## Controversies in Management of Allergic Rhinitis : Immunotherapy vs. Medical Therapy

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서 론

가

작용기전 상 면역요법은 근치적 치료법인가?

가  
2

10

90

10

IgE  
IgG IgG4가 가  
IgE  
helper T cell  
Th2  
Th1  
1-3)

가

'98

WHO Position Paper<sup>4)</sup>

: , 660 - 702

90

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가 , 1 1 가 가 .<sup>6)</sup>  
 가 . 80 90% 가 .  
 가 , , , anaphylaxis 1986  
 가 , , 가 가 Committee on the Safety and Medicine  
 .<sup>5)</sup> Report<sup>7)</sup>  
 가 , 가 , 2  
 가 가 ,  
 가 , 가  
 , , ,  
 3 5 .

위험성의 비교

가 가  
 2 가  
 2 Table 1 and 2  
 , 1999  
 astemisole terfenadine ,  
 ( )  
 terfena -  
 dine FAD 가  
 ,

Table 1. 면역요법의 적응증

1.	lgE	가 가 , 가 가 , 가
2.		가
3.	2	
4.		(6 )
5.		가
6.		



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